

Please identify current problem areas in your body by drawing the appropriate symbols on the diagrams.
請在病痛相關的地方劃上符號。

Key 代號



痛楚的地方劃上圓圈。

Circle areas where pain exists



劇痛的地方劃上圓圈和加點。

Circle areas with small dots where extreme pain exists



關節和肌肉僵硬的地方打 X

Put an "X" over joint and muscle stiffness



麻痺的地方劃水紋波線

Draw squiggly lines over areas of numbness or tingling



疤痕，瘀痕，或傷口劃 卐 號

Mark scars, bruises or wounds

