

Please identify current problem areas in your body by drawing the appropriate symbols on the diagrams.
請在病痛相關的地方劃上符號。

Key 代號

○ 痛楚的地方劃上圓圈。
Circle areas where pain exists

⊙ 劇痛的地方劃上圓圈和加點。
Circle areas with small dots where extreme pain exists

× 關節和肌肉僵硬的地方打 X。
Put an "X" over joint and muscle stiffness

〰 麻痺的地方劃水紋波線
Draw squiggly lines over areas of numbness or tingling

||| 疤痕，瘀痕，或傷口劃 ||| 號
Mark scars, bruises or wounds

